

Riverside Kayak Connection  
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## **What to Bring/What not to Bring on a RKC Kayak Tour**

Riverside Kayak Connection tours will provide each paddler with the appropriate gear for your tour, including the appropriate kayak for the tour and your size, a personal flotation device (PFD), paddle and safety gear. RKC requires all paddlers to wear a properly fitted PFD and keep it zipped up at all times. REMEMBER: Kayaking is a water sport and there is always a chance for getting wet, please see the guidelines below for what you should and should not bring with you on your tour.

### Riverside Kayak Connection will provide:

- Kayak appropriate for the tour and your body type/size.
- Coast Guard approved PFD with whistle.
- Paddle appropriate for kayak and your size.

### Recommended Items:

- Appropriate clothing for weather conditions (i.e. quick drying, synthetic materials are best). Cotton and/or denim are not appropriate for paddle sports, as they do not dry quickly.
- Change of clothes kept in a dry bag in case you get wet and want to change after the paddle.
- Shoes that can get wet, we recommend water shoes without straps or laces.
- Hat for sun protection, one with a wide brim is best.
- Sunglasses, polarized are best for on the water and something to keep them afloat if they fall overboard.
- Sunscreen and protective lip balm.
- Hand wipes or sanitizer.
- Water bottle and snacks if you get hungry with activity.
- Waterproof camera.

### What NOT to bring:

- Cell phones or other electronics that cannot get wet.
- Jewelry
- Wallets or purses
- ANYTHING of value that cannot get wet that you MUST bring should be stored in a waterproof container, such as a Pelican Case or dry bag (plastic bags are not recommended to keep your valuables dry).